**NAME: ROMAR S. MELANCOLICO DATE: FEBRUARY 15, 2023**

**NETWORK: MORE THAN CONQUERORS NETWORK LEADER: DONMARK MOISES**

**LESSON #: 3 TOPIC: INNER HEALING IN THE FAMILY**

**Reflection Questions:**

**What are the changes you’ve experienced in your life the moment you learned to forgive?**

It was a life changing experience for the time that I release forgiveness, especially to my father. During my childhood I felt anger towards my father. I grow up with this anger up to the time that i transferred to Bukidnon. But during my encounter to God, I was open that it should anger that I feel for my father. Before, I don’t really understand why my father is like that to me. But the time when I release forgiveness for my father, I begin to understand him. He was lacking of a parental love. His mother leaves them for another family. And he filled with anger and hatred for his mother. I misinterpreted why my father is who hard to me. He was hard to me because he don’t want for me to follow his foots steps. The moment I release forgive to my father, I have broken a generational curse of hate.